It is a fact that cancers and degenerative diseases are on the increase. People are more sick today, than what they were 50-60 years ago and we can see that our environment, diets and lifestyles have changed drastically over this time, so it stands to reason that our environment, lifestyle and diet today is having an effect.

We are exposed to more pollution— there is more pollution in the air that we breath, so our oxygen intake is less and there is so much additives to foods, in the form of preservatives, colourants, flavourants and pesticides, herbacides are added to our fruit and vegetables and we don't come close to the fresh fruit and vegetable servings we are supposed to have daily— 2-3 servings of fruit and 4-5 servings of vegetables. We don't drink enough water and we eat a lot of fast foods and processed foods. We take medication and don't manage stress, all this upsets the alakaline balance in the body or the body's pH level and acidity in the blood rises. Because the blood is in contact with every cell and organ of the body it affects every cell in the body. Unhealthy blood will cause unhealthy organs and cells and disease will set in.

Babies and children have more allergies today, ear infections, skin conditions, allergy reactions, in general are on the rise and degenerative conditions are escalating, people are developing conditions at younger ages. Simply taking a vitamin and mineral supplement is not enough to improve your health.

SUPER NUTRI GREENS is our answer to start improving your health at a cellular level, it directly works to reduce the acidity of the blood which then helps the blood transport nutrients and oxygen better and remove waste products.

Ingredients:

<u>Chlorella:</u> Blood purifier and cleanser of the liver, kidneys, bowel. It Promotes growth and repair of your tissues and cells. It has been called natures deodorant as it eliminates bad odours helping with bad body odour and halitosis. It is used during cancer support as it can help reduce the side effect of chemotherapy and provide anti oxidants which are beneficial against cancers. It has a positive effect on the immune system, and research indicates that it slows the growth of cancer cells. (extract from www.cancer.org)

<u>Wheatgrass:</u> Restores alkalinity to the blood. Is a powerful detoxifier liver and blood protector, Fights tumors and neutralizes toxins. It has been documented to help with weight loss, indigestion, skin conditions, it increases energy levels when consumed daily and slows the aging process. It transports more oxygen and detoxes heavy metals in the blood.

<u>Alflafa:</u> Is rich in trace minerals making it a valuable herb to help alkalise, support and strengthen the blood. It has been used as food to help speed up recovery time after illnesses, operations etc. A good plant source of vital nutrients. Has been found to lower cholesterol levels.

<u>Barley</u>: alakaline, has anti inflammatory and anti ulcer properties. Rich in a multitude of trace minerals, anti oxidants and Vit B12. Aids immunity, fatigue.

<u>Blueberries</u>: rich in anti oxidants, particularly Vit C. Anti oxidants help prevent against chronic diseases and they act like preservatives to our cells, to slow aging and promote good health.

<u>Celery:</u> a potent uric acid blood cleanser, has anti inflammatory effects. Celery contains a flavanoid called luteolin. Researchers believe that this particular flavonoid may posses anti-cancer properties.

Available in 50ml and 100ml, take 1-2 x daily, suitable for the whole family